



POLISH NATIONAL AGENCY  
FOR ACADEMIC EXCHANGE



*Appendix 2 to the Participation Regulations in the task  
"Crossing Borders and Horizons" for the best doctoral candidates from Poland and abroad,  
pursuing training in a doctoral school, as part of the project  
titled "IMPROVE - International Mission for Promoting Research and Optimal Values in Education"  
implemented by Lodz University of Technology under the STER programme Internationalization of doctoral schools – 2024 Call  
financed by the National Agency for Academic Exchange*

**Regulations for funding mobility  
in the project titled: "IMPROVE - International Mission  
for the Promotion of Research and Optimal Values in Education",  
implemented by Lodz University of Technology under the programme  
STER – Internationalization of doctoral schools – 2024 Call, financed by NAWA**

*Due to the adoption of the flat-rate principle in the STER programme in relation to the costs indicated below, Lodz University of Technology will not require the Participants to provide accounting evidence of the expenses incurred, with the exception of the situation described in §8(6) of the Regulations (force majeure).*

**Co-financing living and accommodation costs**

Co-financing accommodation and meals for each full month of the doctoral candidate's stay at the foreign host centre, lasting from 1 to 3 months, amounts from **4,000 PLN to 12,000 PLN per month** depending on the group of countries – according to the table below.

Settlement of living costs is based on the submitted certificate (Appendix 1 to the Agreement), specifying the dates of the start and end of mobility.

**Flat rate for living and accommodation costs**

<b>No.</b>	<b>Group of countries</b>	<b>Country</b>	<b>Monthly rate in PLN</b>
I	Countries with lower living and accommodation costs	Bosnia and Herzegovina, Brazil, Bulgaria, Egypt, Georgia, India, Lithuania, Latvia, Morocco, Moldova, Romania, Turkey, Ukraine, Vietnam, and other countries of the world[1]	<b>4,000</b>
II	Countries with average living and accommodation costs	Andorra, Austria, Azerbaijan, Belgium, Croatia, Czech Republic, Cyprus, France, Greece, Indonesia, Jordan, Kazakhstan, Kyrgyzstan, North Macedonia, Germany, Malta, Netherlands, Portugal, and Spain, Monaco, Vatican City, San Marino, Serbia, Slovakia, Slovenia, Thailand, Hungary, Italy, Uzbekistan	<b>6,000</b>
III	Countries with higher living and accommodation costs	Saudi Arabia, Australia, Bahrain, Brunei, China, Denmark, Estonia, Finland, Iceland, Ireland, Hong Kong, Japan, Canada, Qatar, Korea, Kuwait, Liechtenstein, Luxembourg, Macau, Mexico, Norway, New Zealand, Oman, Singapore, Sweden, Switzerland, Taiwan, Faroe Islands, United Kingdom, United Arab Emirates	<b>8,000</b>
IV	Countries with the highest living and accommodation costs	United States, Israel	<b>12,000</b>

[1] Excluding countries from groups II and III.

## Co-financing of travel costs, health insurance, third-party liability, accident insurance, visa or residence legalisation fees

The individual travel grant for one person is calculated on the basis of the country group table and includes the return trip as well as insurance costs, visas, etc. related to the trip.

### Flat rate for travel costs

Group of countries	Country	Rate in PLN
1	Belarus, Lithuania	1000
2	Austria, Bosnia and Herzegovina, Croatia, Czech Republic, Denmark, Estonia, Finland, Latvia, Moldova, Germany, Romania, Serbia, Slovakia, Slovenia, Sweden, Ukraine, Hungary	1500
3	Albania, Andorra, Belgium, Bulgaria, Montenegro, France, Greece, Netherlands, Ireland, Kosovo, Liechtenstein, Luxembourg, North Macedonia, Malta, Monaco, Norway, San Marino, Switzerland, Tunisia, Turkey, Vatican, United Kingdom, Italy	2000
4	Algeria, Saudi Arabia, Armenia, Azerbaijan, Bahrain, Cyprus, Egypt, Georgia, Spain, Iraq, Iran, Iceland, Israel, Jordan, Qatar, Kazakhstan, Kuwait, Lebanon, Libya, Morocco, Palestine, Portugal, Syria, Tajikistan, Turkmenistan, Uzbekistan	3000
5	Afghanistan, Benin, Bhutan, Burkina Faso, Burundi, Chad, Democratic Republic of the Congo, Djibouti, Eritrea, Ethiopia, Gabon, Gambia, Ghana, Guinea, Guinea-Bissau, Equatorial Guinea, India, Yemen, Cameroon, Kenya, Kyrgyzstan, Congo, Liberia, Mali, Mauritania, Mongolia, Nepal, Niger, Nigeria, Oman, Pakistan, Central African Republic, Cape Verde, Rwanda, Senegal, Sierra Leone, Somalia, Sudan, South Sudan, Togo, Uganda, Ivory Coast, São Tomé and Príncipe, United Arab Emirates	4500

6	<p>&lt;1&gt;Angola, Antigua and Barbuda, Argentina, Australia, Bahamas, Bangladesh, Barbados, Belize, Bolivia, Botswana, Brazil, Brunei, Chile, China, Dominica, Dominican Republic, Ecuador, Eswatini, Fiji, Philippines, Grenada, Guyana, Guatemala, Haiti, Honduras, Indonesia, Jamaica, Japan, Cambodia, Canada, Kiribati, Colombia, Comoros, South Korea, North Korea, Costa Rica, Cuba, Laos, Lesotho, Madagascar, Malawi, Maldives, Malaysia, Mauritius, Mexico, Micronesia, Myanmar, Mozambique, Namibia, Nauru, Nicaragua, New Zealand, Palau, Panama, Papua New Guinea, Paraguay, Peru, South Africa, Saint Kitts and Nevis, Saint Lucia, Saint Vincent and the Grenadines, El Salvador, Samoa, Seychelles, Singapore, Sri Lanka, United States, Suriname, Taiwan, Tanzania, Tonga, Trinidad&lt;2&gt; and Tobago, Tuvalu, Uruguay, Vanuatu, Venezuela, Vietnam, Solomon Islands, Marshall Islands, Zambia, Zimbabwe&lt;2&gt;</p>	6500
---	--	------